

Vicky Cauwels & Ine Hostyn, Artevelde University College, Belgium - G
Workshop "Talent-oriented approach to development and wellb
Metropolia- International week. Monday March 10,

**GO WITH
YOUR TALENT**



Talent?
Talent!



Menu

What is a talent?

What are your talents?

How can you develop
your talents?

What's a talent?

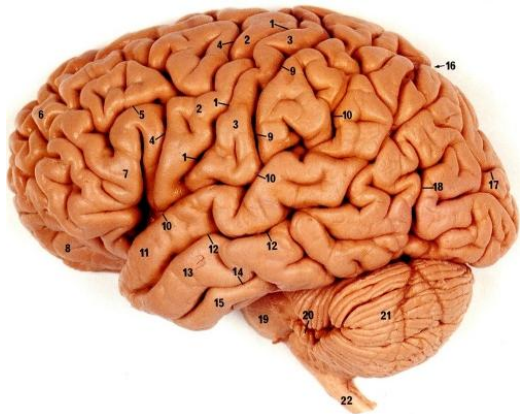
“Talent is a **natural**
and repeating
pattern of
thinking, feeling or
behaving that can be
used in a
productive way”

(Marcus Buckingham, 2001)

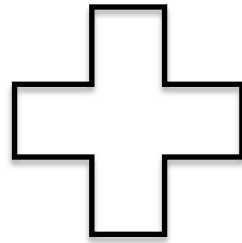


talent

becomes visible throughout activities



that go effortless



that give me energy

talent =

nature X

nurture





Everyone has talent!





How to recognize moments when you use your talents:

- You're looking forward to it
- You can enjoy these moments
- You can do it during moments of stress or other difficulties
- Afterwards you're not tired, but mentally top-fit
- When time flies

The talent interview

- When you look back in your agenda of the past two weeks, at which time you had the feeling that time was flying?
- An activity that went effortless but gave a lot of energy afterwards?
- To which moment are you really looking forward in the coming weeks?

Analysis

- Which behaviour was shown?
- Which talent(s) was (were) brought into action?

Giving words

- Read the talent overview
- Do you recognize the talents you already described during the interview?
- Do you discover other talents that are typically you?
- Your top 5?
- Present them to you partner.

Talent
is only
there
when it
is
noticed





Everything you
give attention
to, grows.

Search for a context where you can
use your talents en where they will
be noticed





Search for a context

- Search for contexts where you can use and further develop your talents.
- Contexts where your talents will/can be noticed.





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