



arteveldehogeschool

LID VAN DE ASSOCIATIE UNIVERSITEIT GENT

The COPM with relevant persons in the client's social environment

16 March 2016

Assessing Occupational Performance

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International Week in Culture and Wellbeing



artevelde university college ghent

MEMBER OF GENT UNIVERSITY ASSOCIATION

Health Care

- Audiology & Speech Therapy
- Podiatry
- Nursing
- Occupational Therapy
- Midwifery
- Oral Hygiene

Ank Eijkelkamp

- Occupational therapist
- > 30 years paediatric rehabilitation
- 2011 NL → BE
- Family-centered practice, social environment
- Lecturer & researcher Artevelde UC
- Trainer CCP en COPM

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Artevelde University College Ghent





THE COPM

WITH RELEVANT PERSONS IN THE CLIENT'S SOCIAL ENVIRONMENT

AN INTERACTIVE WORKSHOP

Learning outcomes

1. Understanding the goals, features and challenges of the COPM
2. Skilled in administering the COPM
3. Practical application in own practice



Programme

1. Client-centered occupational therapy
2. COPM: goals, features and challenges
3. Practice session I
4. Practice session II



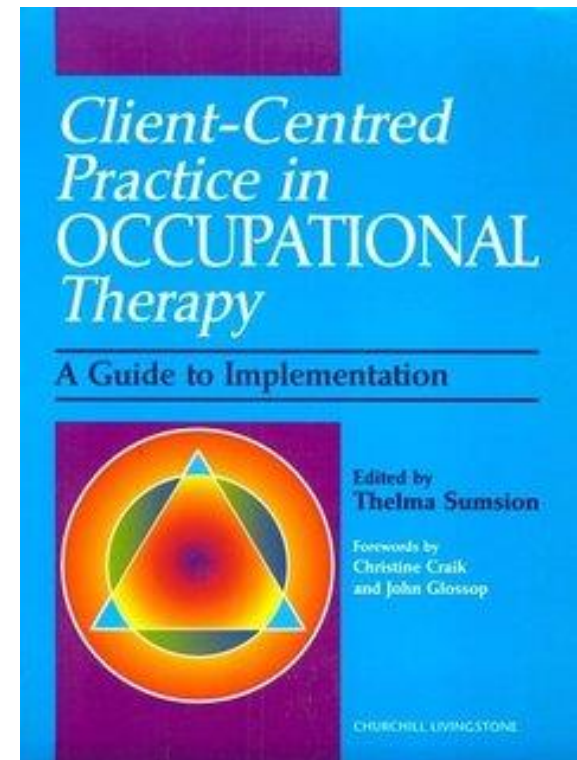


The COPM with relevant persons in the client's social environment

1. CLIENT-CENTERED OCCUPATIONAL THERAPY

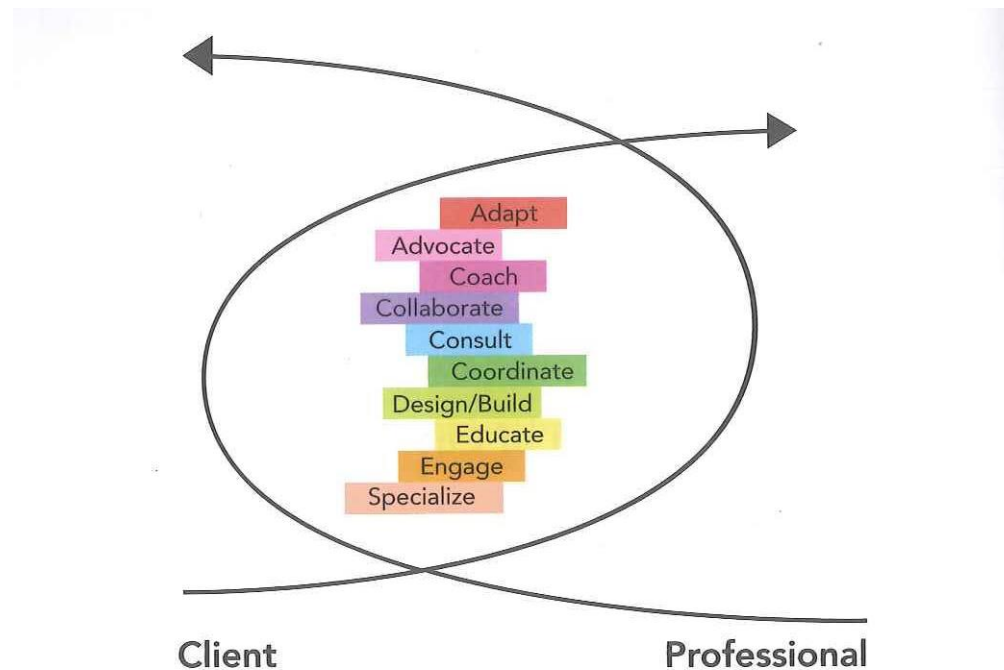
Client-centered practice: principles

- Therapist-patient relation → client-therapist relation
- Client perspective & professional perspective
- Client's needs as starting points
- Focus on occupation & participation



Client-centred enablement

Canadian Model of Client-centred Enablement(CMCE)



Townsend et al. 2007

Who is the client?

- Individual
- Social environment of client
 - Family
 - Friends
 - Colleagues, teachers
 - (In)formal caregivers
- Group, population
- Organisation





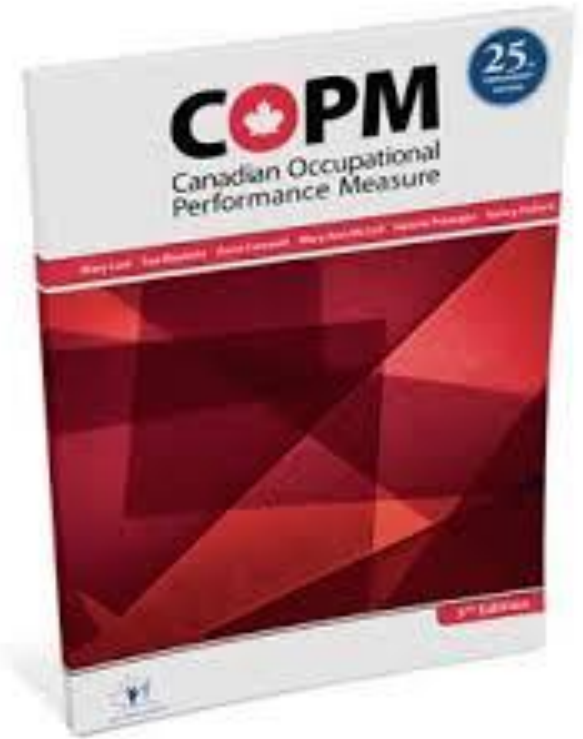
The COPM with relevant persons in the client's social environment

2. COPM: GOALS, FEATURES & CHALLENGES

The Canadian Occupational Performance Measure: goals

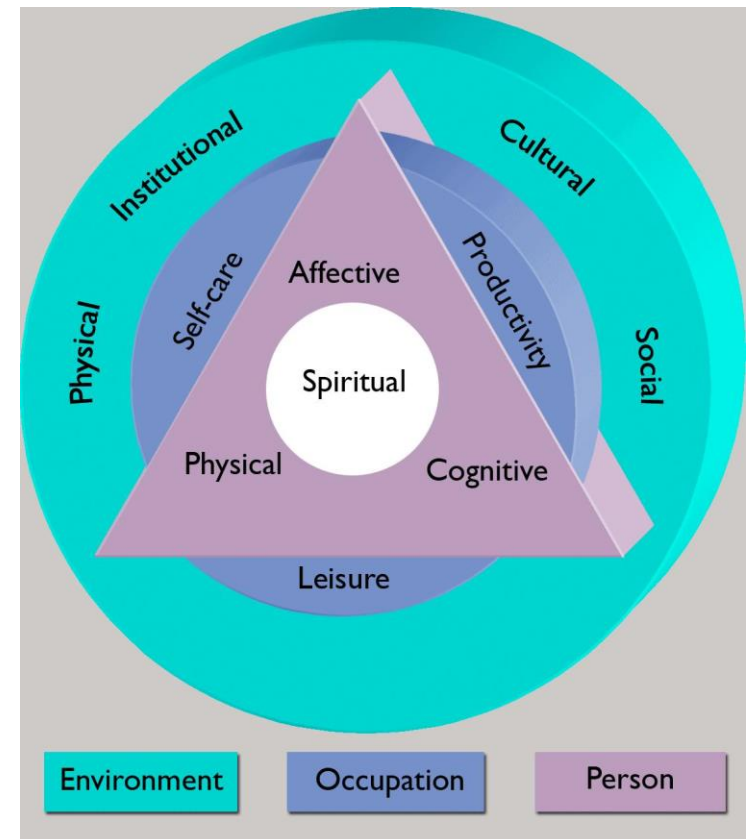
1. The COPM is an individualized measure designed for use by occupational therapists to detect the client's perceived change in occupational performance problems over time
2. The COPM supports client-centered and occupation-based practice

Law, Baptiste, Carswell, McColl, Polatajko, & Pollock,
2014, 5th edition
www.thecopm.ca



The Canadian Occupational Performance Measure: features

- Based upon the CMOP-E
- Generic (not diagnosis specific)
- Focusing at participation, occupations, activities, tasks
- Inventarisation & evaluation
- Self-perception → self-scoring
- Valid, reliable and responsive*
- 5 steps
- 30 minutes



*The COPM is scientifically proven

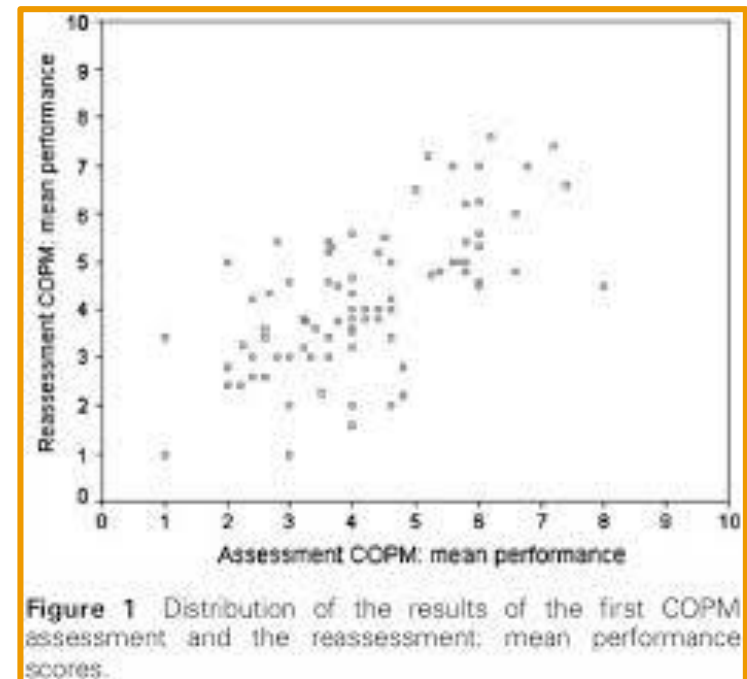
Eyssen, I., Beelen, A., Dedding, C., Cardol, M. & Dekker, J. (2005). The reproducibility of the Canadian Occupational Performance Measure. *Clinical Rehabilitation*, 19 (8), 888-894.

Verkerk, G.J.Q., Wolf, M.J.M.A.G., Louwers, A.M., Meester-Delver, A. & Nollet, F. (2006). The reproducibility and validity of the Canadian Occupational Performance Measure in parents of children with disabilities. *Clinical Rehabilitation*, 20 (11), 980-988.

Dedding, C., Cardol, M., Eyssen, I., Dekker, J., & Beelen, A. (2004). Validity of the Canadian Occupational Performance Measure, A client-centered outcome measurement. *Clinical Rehabilitation*, 18 (6): 660-667.

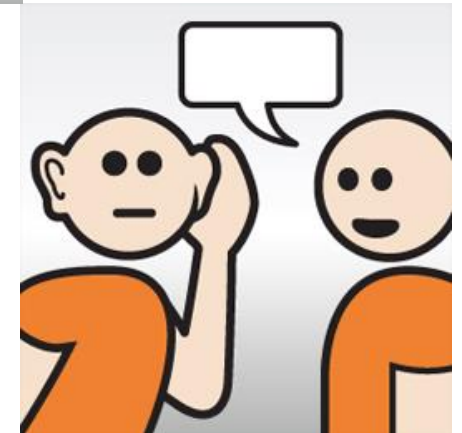
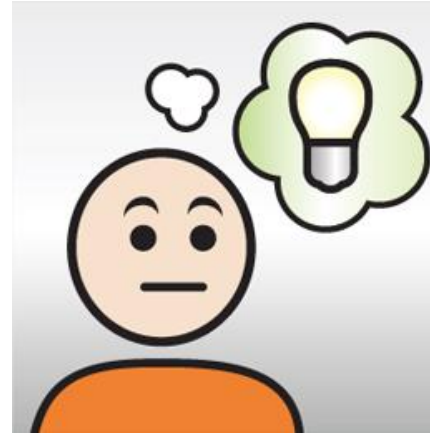
Eyssen, I.C., Steultjes, M.P., Oud, T.A., Bolt, E.M., Maasdam, A., & Dekker, J. (2011). Responsiveness of the Canadian Occupational Performance Measure. *Journal of Rehabilitation Research & Development*, 48 (5), 517-528

.....and many other international studies



The Canadian Occupational Performance Measure: challenges

- Occupational Performance issues
- Specific (groups of) activities
- Inventory → **not an analysis**
- Client's perspective
- Named by the client
- Scoring



Open interviewing: tips

- Good introduction & main question
- Open questions & follow up questions
- Exploratory questions
- Within 'train' of client's thinking
- Listen & wait!
- Convert impairment level → occupation level



Client skills

Requirements

- Reflection
- Communication
- Motivation

Challenging when

- < 8 years old
- Afasia, dysartrie,
- Psychiatric problems
- Cognitive impairments
- Mental disability
-



Occupational therapist strategies

- Support client's communication
- Consult speech therapist or psychologist
- Use interview skills!
- Less open questions step 1
- Grading of decisions step 2-4



Who is the interviewee?

- The client
- The client & communication assistant
 - Language
 - Speech
 - Reflections & opinions
- A substitute client
- A significant other person





The COPM with relevant persons in the client's social environment

3. COPM TRAINING I

KAIJA KEKÄLÄINEN - ANJA SARIO - ANK EIJKELKAMP




The COPM with relevant persons in the client's social environment

4. COPM TRAINING II

KAIJA KEKÄLÄINEN - ANJA SARIO - ANK EIJKELKAMP



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