

Metropolia Work placement 3: Promotion of occupational performance and participation- 15cr (incl. 3 ects theory about therapeutic partnership)

In our Occupational Therapy Degree Programme we have four traditional Work placements. WORK PLACEMENT 1: Assessment of occupational performance, WORK PLACEMENT 2: Assessment and promotion of occupational performance and participation, WORK PLACEMENT 3: Promotion of occupational performance and participation, and WORK PLACEMENT 4: Promotion of occupational participation in groups and communities.

For our international students we have decided to offer WORK PLACEMENT 3 which can include a variety of different activities such as assessment, individual occupational therapy and group therapy for clients of any age and in different contexts.

When the student applies for our programme, it is important that he/she describes what kind of placement would be suitable for him/her. We try our best to meet the needs of the student. Sometimes there is a need to compromise of course!

General learning outcomes for WORK PLACEMENT 3:

Learning outcomes of the course

Students are able to plan and implement individual and group therapy processes. Students are able to assess factors contributing to the occupational performance and participation of individual clients and the group in terms of study, work and leisure. Students are familiar with psychodynamic phenomena and are able to relate to individuals going through various crises. They are able to take psychodynamic factors into account when planning and implementing the therapy process. Students are able to instruct groups and assess individual clients' occupational behaviour in groups and networks. They are able to reflect on and make use of clinical reasoning in therapeutic situations. They recognise interaction styles characteristic of themselves and are able to apply these appropriately. Students are able to reflect on their own instruction and consultancy skills. Students deal with their observations and results reciprocally with clients. Students are able to document the observations that they have made and share these with the team. Students respect other people's expertise and understand the significance of collective expertise in partnership activities. Students are able to make use of supervision in support of the group process and their own professional growth.

Course contents

The client's occupation in various groups and networks

• Planning, implementation and documentation of the occupational therapy process together with the client

- Planning, observation and implementation of group situations
- Analysis and synthesis of group occupation
- · Working in a team and with clients' families
- Partnership activities
- Interactive patterns
- Psychodynamic factors, transference
- Management of crisis situations
- Workplace supervision

Personal learning outcomes

In the beginning of the placement the student will set up his/her own learning outcomes. These personal learning outcomes are based on

- § the general learning outcomes of the placement
- § the possibilities offered by the context
- § the personal process of the student

These learning outcomes will be discussed in a meeting where the student, the clinical supervisor and the teacher are present. All three parties must approve on the learning outcomes because they serve as one of the evaluation criteria in the final evaluation of the placement. The process is followed and evaluated in the document: *Student Learning Outcomes*.