



Invitation

Metropolia International Week in Culture and Well-being from 9 - 13 March, 2015

Helsinki Metropolia University of Applied Sciences warmly welcomes lecturers from its partner institutions to exchange knowledge, experiences and ideas as well as to create inspiring networks.

Preliminary Programme of the week

The International Week starts on Sunday evening on 8th March with an unofficial get-together.

The official programme starts on Monday morning with an International Staff Day, providing a possibility for “speedy benchmarking” in workshops. Visiting lecturers are welcome to suggest topics and host a workshop for the staff on topics that relate e.g. with pedagogy, the development of Higher Education Institutions or any current issues they consider interesting to share with colleagues in Finland. Also Metropolia staff and students will host some workshops.

The degree programmes will arrange the programme for the rest of the week. Depending on the amount of visiting lecturers there may be degree specific programme only on Tuesday or from Tuesday to Friday. Visiting lecturers are welcome to suggest topics and host a workshop / lecture related to the degree programme.

Social programme

Mon 9 March - Welcome Event (get-together in the afternoon)

Tue 10 March - Helsinki city tour (visiting lecturers in small groups)

Wed 11 March - International Week dinner (all visiting lecturers and Metropolia representatives)

Thu 12 March - Visits to partner organisations

Registration

Guest lecturers, please fill in an [online registration form](#) before 1 December 2014 (other guests before 31 Jan 2015).

Fees and costs

There is no participation fee for the International Week. However the participants are responsible for all costs (including travel, accommodation and living).

Accommodation

Metropolia has reserved a quota of hotel rooms with a reference code from two hotels:

1. **Hotel Helka:** www.helka.fi/en (single room 110 € / twin room 140 € / night)
2. **Omena Hotel Lönnrotinkatu:** <http://www.omenahotels.com> (self-service hotel, single room 59 € / night)

More information about the hotels and the reference codes at [Metropolia Wiki page](#). Metropolia staff will pick-up the guests from the Hotel Helka on Monday morning.

More information at [Metropolia Wiki page](#)

You'll find us also in Facebook www.facebook.com/InternationalWeekHyto