



**Karolinska  
Institutet**

Occupational therapy students  
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- 12- weeks practice- Mulago Hospital
- Bachelors Thesis- Data Collection





- Interest in animals
- Animals in Healthcare
- Research in this field
- Litterature Review-  
Perkins, Bartlett, Travers &  
Rand, 2008)



- Activity is individual - *Pierce (2003)*
- Activities are affected by culture- *Leftadius & Argentzell (2010)*
- Animals in another culture?





# Aim



*The aim with this study is to describe experiences, from some elderly women in Uganda, of animals in their daily life.*



# Method



- Organisation- *The Aged Family of Uganda (TAFU)*
- Money generating projects
  - *Chicken, Goats or Pigs*
- Coordinator/ Translator
- Test- interview-
  - recorder, notes and pictures with permission





- Interviewed-
  - 11 women,
  - 52-70 years old
- Qualitative content analysis
- Break down the collected data, encode and categorize – Themes



# Analysis



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## Domains:

- *Economics/Survival*
- *Activity*
- *Social aspects*
- *Emotions*





# Economics/Survival



## Cathegorys-

1. They preferred the animals that are easy to take care of and fastest led to an income.

*"Yes, because for them they like chicken. Because it takes a few months and then you can sell them. So instead of goats she's going to buy that one."*

2. Without the animals it is hard to take care of themselves and their familys.

*"... if they wouldn't have those pigs life would be not okej... and they can dig, they can get only what to eat. Now with the money can buy .... What they don't have."*

# Activity



## Cathegorys-

1. The animals keep them busy since they require care several times per day.

*"She wakes up early in the morning and clean were they sleep and then gives the food, water and some medecins and like that."*





# Social aspects



## Cathegorys-

1. Selling animals opens up for new contacts.

*"She would have missed the friends. Because if she wouldn't have these animals they would not be here."*

2. The family needs to cooperate to take care of the animals.

*"Right now the grandchildren are at school, but when they come back they will help her."*



# Emotions



## Cathegorys-

1. The animals make them feel healthy.

*"She's feeling well because when she's doing that work she can feel healthy and she can spend the whole day moving around..."*

2. The animals can mean something more.

*" She likes it so much so if it got lost or died she would be sad."*





# Results



## Themes:

1. Animals to generate income
2. To take care of the animals is a positive experience
  - *Different occupations?*
  - *Difference between the animals?*



# Discussion



- Misunderstandings- *language and culture*
- Open questions → *leading questions*
- Translators reactions





# Ethics

- Written approval
- Introduction → *expectations*
- Permission

