

Anita Ahlstrand  
Helsinki Metropolia University of Applied Sciences

Profile: Master of Science in Sports

**Title of the workshop:**

**The Interprofessional Collaboration in the Finnish Psychomotricity**

Psychomotricity in Finland is throughout the line multi-professional. The specialized studies of Psychomotricity are constructed on top of participants' prior education in the field of rehabilitation or education.

The Finnish Association of Psychomotricity cooperates in the field of rehabilitation and education. This includes collaboration between professionals with different education and backgrounds.

Purpose of this workshop is to bring out way of the Finnish Psychomotricity and the interprofessional point of view and to demonstrate some ideas, how psychomotricity can be practiced when there are limited resources; like small spaces and no special equipment. With help of imagination can everyday items be seen as tools for rehabilitation and any environment as a place for movement and joy.