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Profile: Former Director of Department of Podiatry, Universidad Europea de Madrid, 2005-2011.
More than 15 years of academic experience. Professor of Podiatry Department. Master Degree

Title: Evidence Based Practice: the Way to Teach and Learn Podiatric Orthopedics

In the past years, a lot of new approaches to biomechanics have been raised. Podiatric clinicians must have all the theories in their mind, and choose the proper one for each individual treatment. One of the most important problems the clinicians have is about the evidence they know about their usual treatments for pathologies, and know evidences for new theoretical interpretations and take new decisions to ensure the best treatment known at the time for each individual patient. That's why is so important to change our approach when teaching orthopedics subjects in the Podiatric Degrees.

The aims of the lecture are: - to show the update statement for evidence based practice in orthopedics - to see the overall consense for the orthopedic treatment with foot orthoses in different pathologies.